

## The Spiritual Roller Coaster Week 4

1 Samuel 17:8 (NLT) Goliath stood and shouted a taunt across to the Israelites. “Why are you all coming out to fight?” he called. “I am the Philistine champion, but you are only the servants of Saul. Choose one man to come down here and fight me!”

David wasn’t a better warrior, he just had a better  
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1 Samuel 17:37 (NLT) The lord who rescued me from the claws of the lion and the bear will rescue me from this Philistine!” Saul finally consented. “All right, go ahead,” he said. “And may the lord be with you!”

David trusted God more than \_\_\_\_\_.

1 Samuel 17:39-40 (NLT) “I can’t go in these,” he protested to Saul. “I’m not used to them.” So David took them off again. He picked up five smooth stones from a stream and put them into his shepherd’s bag.

A faith high is part of the journey, not the  
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2 Samuel 21: 22 (NLT) These four Philistines were descendants of the giants of Gath, but David and his warriors killed them.

Don’t \_\_\_\_\_ highs or take credit for God’s victories

1 Samuel 18:8-9 (NLT) This made Saul very angry. “What’s this?” he said. “They credit David with ten thousands and me with only thousands. Next they’ll be making him their

king!” So from that time on Saul kept a jealous eye on David.

**Series Final Thought: Ups and downs are a natural part of the faith journey. With the right perspective they both will bring us closer to our destination if we keep**  
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Discussion Questions

David and Goliath is a very familiar story, and therefore it is easy to glance over it quickly and miss significant details. Did you see or hear anything new or a detail that you never noticed before? Explain.

Read Psalm 51. David wrote this psalm in response to his sin with Bathsheba; an obvious dip in his life and faith. What do you notice about his response? What about his response can we apply to our lives today as we ride “The Spiritual Roller Coaster”?

“The more we mature and journey in our faith the closer we get to God and the more we experience his presence every day; the less dramatic the highs become. Not because they aren’t as special, but because they aren’t out of the ordinary.” Do you agree with this statement? Why or why not?

Read 1 Samuel 13:14. Read Acts 13:22. David’s scriptural reputation is a man after God’s heart; a reputation he earned despite the major ups and downs of his faith through his life. Does this inspire you to keep journeying in your faith? Why or why not?